Personal Data

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| --- | --- |
| Name | Safya Ebraheem Esmaeel |
| Department | Physiology |
| Nationality | Egypt |
| Date | June, 20th, 1981 |
| Official Email | Safya.Ebraheem@nbu.edu.sa |
| Phone | 0504867466 |

Language proficiency

|  |  |  |  |
| --- | --- | --- | --- |
| Language | Read | Write | Speak |
| Arabic | Excellent | Excellent | Excellent |
| English | Very good | Very good | Very good with TOEFL certificate |
| Frensh | little | little | little |

Academic Qualifications (Beginning with the most recent)

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| --- | --- | --- | --- |
| Date | Academic Degree | Place of issue | Address |
| May 2014 | MD, PhD of physiology | Zagazig University | Egypt |
| September 2010 | Master degree of physiology | Zagazig University | Egypt |
| October 2004 | Bachelor of Medicine and Surgery (M.B.,B.Ch), with average grade of excellent with honor degree | Zagazig University | Egypt |

PhD, Master or Fellowship Research Title

|  |  |
| --- | --- |
| PhD | A STUDY ON EFFECT OF OMENTIN IN GLUCOSE AND LIPID METABOLISM IN NORMAL AND DIABETIC RATS. Zagazig University Medical Journal, 20(4). |
| Master | CYTOPROTECTIVE VERSUS CYTOTOXIC EFFECTS OF ZINC. Zagazig University Medical Journal, 5(3). |

Professional Record(Beginning with the most recent)

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| --- | --- | --- |
| Job Rank | Place And Address of work | Date |
| Assistant professor | College of Medicine, Northern Border University | 14/1/2019 to Now |
| Lecturer in physiology department | College of Medicine, Zagazig University, Egypt | 5/2014 to Now |
| Lecturer assistant | College of Medicine, Zagazig University, Egypt | 3/2010 to 4/2014 |
| Demonstrator | College of Medicine, Zagazig University, Egypt | 6/2006 to 2/2010 |
| General practitioner | College of Medicine, Zagazig University, Egypt | 3/2005 to 6/2006 |

Management Position(Beginning with the most recent)

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| --- | --- | --- |
| Administrative position | The disk | Date |
| A member | he sixth standard for program accreditation, College of medicine | 2021 |
| A member | the fifth standard for program accreditation, College of medicine | 2021 |
| A member | the first standard for program accreditation, College of medicine | 2021 |
| A head | Quality and Developing unit (QAU), Female Campus, College of medicine. | 2021 |
| A member | medical education unit, College of medicine | 2021 |
| A member | of committee for first theme/direction in executive and operational plan, College of medicine. | 2021 |

Scientific Achievements (Published Refereed Scientific Research)

|  |  |  |
| --- | --- | --- |
| Name of Investigators | Research Title | Publisher and Date of Application |
| Mohamed Y. Elwazir 1, Mohammad H. Hussein 2, Eman A. Toraih 2,3,\* , Essam Al Ageeli 4 , Safya E. Esmaeel 5 ,Manal S. Fawzy 6,7,\* and Salwa Faisal 6 | Association of Angio-LncRNAs MIAT rs1061540/MALAT1  rs3200401 Molecular Variants with Gensini Score in Coronary Artery Disease Patients Undergoing Angiography | Biomolecules ,15 January 2022 |
| RANDA S. GOMAA, M.D; JEHAN SAEED, and SAFYA E. ESMAEEL | Value of Vitamin D Administration Versus Suppressing Gut Microbiota in Modifying Metabolic Associated Osteoarthritis in Rats | Med. J. Cairo Univ., Vol. 88, No. 2, March: 849-857, 2020 |
| Husam M. Edrees, Eslam K. Fahmy, SafyaE.Esmaeel | A Study on Serum Level of Chemerin in Experimentaly-Induced Thyroid | Basic Sciences of Medicine 2018 |
| Randa S. Gomaa, Safya I. Ismail, Heba S.G. Ibrahim | Role of inflammation versus hypercholesterolemia in the  development of atherosclerosis in male albino rats | Al-Azhar Assiut Medical Journal 2018 |
| RADWA M. AL-SAYED, and SAFYA E. ESMAEEL | Effect of Visfatin on Testosterone Hormone Level in Chronic Restraint Male Albino Rats | 7,December, 2018 |
| Radwa M. Al-sayedA , Safya E. EsmaeelA and Heba Osama.Mohammed | T AL-AZHAR ASSIUT MEDICAL JOURNAL AAMJ ,VOL 13 , NO 3 , JULY 2015HE EXTRA SKELETAL EFFECT OF OSTEOCALCIN ON METABOLIC HOMEOSTASIS AND NEUROVASCULAR CHANGES IN DIABETIC MALE ALBINO RATS | AL-AZHAR ASSIUT MEDICAL JOURNAL AAMJ ,VOL 13 , NO 3 , JULY 2015 |
| Ahmad B. Abd-Allah, Mohammed S. Zamzam, Azza A. Megahed, Safya E. Esmaeel. | A STUDY ON EFFECT OF OMENTIN IN GLUCOSE AND LIPID METABOLISM IN NORMAL AND DIABETIC RATS. | Zagazig University journal – 2014 |

Scientific Achievements (Scientific Research accept for publication)

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| --- | --- | --- | --- |
| Name of Investigators | Research Title | Date | The magazine |
|  |  |  |  |
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Scientific Achievements(Scientific Research submitted for Arbitration of specialized )

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| --- | --- | --- |
| Name of Investigators | Research Title | Plot And Date of publication |
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Scientific Achievements(Finished Research Projects)

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| Name of Investigators | Research Title | Date Title |
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Scientific Achievements(Current Research)

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| --- | --- |
| Name of Investigators | Research Title |
| Afaf Taha Ibrahiem , SafyaE.Ebraheem, Anshoo Agrawal | Knowledge, Attitude and Practices towards the use of Anti-ageing Cosmetics among the population of Arar of Kingdom of Saudi Arabia(KSA) |
| SafyaE.Ebraheem, Eslam Kamal, Anshoo Agrawal, WAJID ALI CHATHA, Hanaa El sayed Abdel Rahman | Using educational crossword puzzles as an active learning aid for medical students of Northern Border University (NBU) in Kingdom of Saudi Arabia(KSA). |
| Dr Safya 1, Dr Anshoo Agarwal 1, Dr Afaf 1, Maali Subhi .T. Alshammari2 , Nouf Dhaifallah Ali Almatrafi2 , Rahaf Muteb Saleh Alenazi2 & Atheer Abdullah M Almijlad2 | Childhood obesity: attitude and practices associated with preferences for unhealthy meals due to food advertising in Arar, Kingdom of Saudi Arabia (KSA). |
| Safya Ebraheem,Hassan Tag alkhatim mohamed, Yasmin saadi hajaj alenazi,Fai salamah alanazi  Hessa Sulaiman Alsuwailem  Ahad Falah M alanazi | Prevalence of Rickets among Saudi childern in Arar, Saudi Arabia |

Scientific Achievements (Contribution to Scientific Conference and symposia)

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| --- | --- | --- |
| Conference Title | Place And Date of the Conference | Extent of Contribution |
| 9th annual Mansoura medical physiology department conference webinar sessions | Sep,2022 | Attendance |
| European Atherosclerosis Society (EAS)\_Congress 89 | 2021 - Online | Attendance |
| The Cambridge Higher Education Consortium Conference on 03 November 2021. | 2021 - Online | Attendance |

Scientific Achievements(Membership and Committees participating in)

|  |  |
| --- | --- |
| 1- |  |
| 2- |  |
| 3- |  |

Teaching Activities(Undergraduate)

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| --- | --- | --- |
| Course | Course Number | Extent of Contribution |
| Second year medical college - Core course physiology | 1203211 | Coordinator & instructor |
| MSK | 1200301 | instructor |
| Second year Nursing college - physiology | 1203212 | Coordinator & instructor |
| Second year MLT - physiology | 1203212 | Coordinator & instructor |
| Second year Nutrition- physiology | 1203212 | Coordinator & instructor |
| IBL Module | 1200302 | instructor |
| CNS& Special sense | 1200309 | Coordinator & instructor |
| Respiratory | 1200304 | instructor |
| CVS Module | 1200303 | instructor |
| GIT Module | 1200308 | instructor |
| Endocrine | 1200306 | instructor |
| Reproductive | 1200307 | instructor |
| Urinary | 1200305 | instructor |

Brief Description of the Undergraduate Courses taught

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| --- | --- |
| 1- | Second year medical college - Core course physiology |
| 2- | Second year Nursing college & Applied college physiology |
| 3- | 3rd year all modules |

Teaching Activities (Scientific Studies)

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| --- | --- | --- |
| Course | Course Number | Extent of Contribution |
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|  |  |  |
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Teaching Activities (academic advising for Student)

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| --- | --- | --- | --- |
| Stage | Number of Students | Form | To me |
| 1st year medical female students | 8 female students | Sep 2022 | June 2023 |
| 2nd year medical female students | 4 female students | Sep 2022 | June 2023 |
| 3rd year medical female students | 3 female students | Sep 2022 | June 2023 |

Teaching Activities(Supervision of master and doctoral theses)

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| --- | --- | --- | --- |
| Scientific Certificate | The Side | The address | Date |
| Master | Zagazig University | Role of inflammation versus hypercholesterolemia in the development of atherosclerosis in male albino rats | 2018 |
|  |  |  |  |
|  |  |  |  |

Teaching Activities(Supervision of Ongoing Research)

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| --- | --- | --- | --- |
| Scientific Certificate | The Side | The address | Date |
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Administrative Tasks And Community Service

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| --- | --- | --- | --- |
| The Side | Position | Form | To me |
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Administrative Tasks and Community Service (Committee membership)

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| --- | --- | --- | --- |
| The Side | Position | Form | To me |
|  |  |  |  |
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Administrative Tasks and Community Service (Educational Consultancy)

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| --- | --- | --- | --- |
| Time-full Partial-time | The Side | Form | To me |
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Administrative Tasks and Community Service (Volunteer Work)

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| --- | --- | --- | --- |
| The Side | Volunteer Type | Form | To me |
|  |  |  |  |
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Voluntary Competencies and Skills

|  |  |
| --- | --- |
| 1- |  |
| 2- |  |
| 3- |  |