Personal Data

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| --- | --- |
| Name | Dr. Hafeezullah Wazir Ali |
| Department | College of Medicine; Physiology |
| Nationality | Pakistani |
| Date | 20 - 10 - 1960 |
| Official Email | hafeezullah.qureshi@nbu.edu.sa |
| Phone | 4215 |

Language proficiency

|  |  |  |  |
| --- | --- | --- | --- |
| Language | Read | Write | Speak |
| Arabic | good | good | poor |
| English | good | good | good |
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Academic Qualifications (Beginning with the most recent)

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| --- | --- | --- | --- |
| Date | Academic Degree | Place of issue | Address |
| 2006 | FCPS | Pakistan | College of Physicians & Surgeons Pakistan |
| 1995 | MPhil | Pakistan | University of Karachi, Pakistan |
| 1988 | MBBS | Pakistan | University of Sindh Jamshoro |

PhD, Master or Fellowship Research Title

|  |  |
| --- | --- |
| PhD | CORRELATION OF CARDIAC NATRIURETIC HORMONES WITH VENTRICULAR REMODELING IN ELITE ENDURANCE ATHLETES |
| Master | Liver functions in Pregnancy throughout gestational periods |

Professional Record(Beginning with the most recent)

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| --- | --- | --- |
| Job Rank | Place And Address of work | Date |
| Associate Professor | Northern Border University, Arar | 3 - 1 - 2010 |
| Professor | Shaheed Mohtarma Benazir Bhutto Medical University College, Sukkur (Pakistan) | 16 - 8 - 2008 |
| Professor of Physiology | University of Sargodha Medical College, Sargodha (Pakistan) | 15 - 5 - 2007 |
| Associate Professor Physiology | Shaheed Mohtarma Benazir Bhutto Medical University College of Medicine, Sukkur (Pakistan) | 1 - 12 - 2005 |
| Assistant Professor Physiology | Shaheed Mohtarma Benazir Bhutto Medical University College of Medicine, Sukkur (Pakistan) | 15 - 2 - 2005 |
| Assistant Professor Physiology | Peoples University of Medical Sciences, Nawabshah (Pakistan) | 1 - 2 - 2000 |
| Assistant Professor Physiology | Shaheed Mohtarma Benazir Bhutto Medical University College of Medicine, Larkana (Pakistan) | 15 - 4 - 1999 |
| Assistant Professor Physiology | Jinnah Sindh Medical University, Karachi (Pakistan) | 1 - 12 - 1996 |
| Assistant Professor Physiology | Peoples University of Medical Sciences, Nawabshah (Pakistan) | 1 - 1 - 1996 |

Management Position(Beginning with the most recent)

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| --- | --- | --- |
| Administrative position | The disk | Date |
| مشرف قسم | علم وظائف الأعضاء كلية الطب | 1431 - 1 - 18 |
| مشرف قسم | علم وظائف الأعضاء كلية الطب | 1438 - 1 - 8 |
| Head of Department | Department of Physiology Shaheed Mohtarma Benazir Bhutto Medical University College of Medicine, Sukkur (Pakistan) | 16 - 8 - 2008 |
| Chairman | Physiology, Sargodha University College of Medicine, Sargodha, Pakistan | 17 - 5 - 2007 |
| Head of Department | Department of Physiology Shaheed Mohtarma Benazir Bhutto Medical University College of Medicine, Sukkur (Pakistan) | 16 - 2 - 2005 |
| Head of Department | Peoples University of Medical Sciences, Nawabshah (Pakistan) | 1 - 2 - 2000 |
| Head of Department | Shaheed Mohtarma Benazir Bhutto Medical University College of Medicine, Larkana (Pakistan) | 15 - 4 - 1999 |

Scientific Achievements (Published Refereed Scientific Research)

|  |  |  |
| --- | --- | --- |
| Name of Investigators | Research Title | Publisher and Date of Application |
| Hafeezullah W Ali, Mohammad Aslam, Sohail Aziz, Mohammad Mazhar Hussain | Secretion of Atrial Natriuretic Peptide (ANP), heart reconditioning and remolding in elite endurance trained athletes | Pak J Med Health Sci 2021; 15(11) |
| Sadaf Aijaz, Ghazal Rasool, Hafeezullah W Ali, Irum Siddiqui | Association of Self-Esteem with Gender and Medical Year: A Cross Sectional Study | Pak J Med Health Sci 2021; 15(2) |
| Sadaf Aijaz, Hafeezullah W Ali, Ghazal Rasool, Irum Siddiqui | Effect of Learning Styles on Self-Esteem and Stress Levels of University Students. | Pak J Med Health Sci 2021; 15(2) |
| Alenazi SA, Hafeezullah WA, Alharbi MG, Alenizi AF, Wazir F | Prevalence of thalassemia and sickle cell disease in northern border region of Saudi Arabia | Kashmir J Med Sci 2015;1(1): 3 – 6 |
| Ejaz S, Javed S, Abdo N, Mahmood A, Hafeezullah W | Bone Mineral Density and Fracture Risk Assessment in Type II Diabetic Patients | J Med Sci Cli Res 2015; 3 (2): 4365–71 |
| Alenazi SA, Hafeezullah WA, Alshammary OM, Alenazi MS, Wazir F. | Effect of breakfast on body mass index (BMI) in male children in northern border region Saudi Arabia. | Khyber Med Univ J 2014; 6(3): 106-109 |
| Khatoon F, Alzahrani IH., Hafeezullah WA, Badawy A | Association of BMI with Follicular stimulating Hormone and with sperm parameters in males. | IOSR-JNHS 2014; 3 (1) III: 13-23. [www.iosrjournals.org](http://www.iosrjournals.org) |
| Hafeezullah WA, Aslam M, Hussein M, Aziz S, Wazir F | Athlete’s heart: the left ventricular remodeling in Pakistani elite endurance athletes. | Gomal J Med Sci 2013: 11(2); 159-62 |
| Hafeezullah WA, Aslam M, Hussein M, Aziz S, Wazir F. | Effect of endurance exercise on brain natriuretic peptide (BNP) | Khyber Med Univ J 2013; 5(2): 66-70 |
| Shah NA, Qureshi S, Sheikh MH, Shaikh JM, Shaikh BA, Unar MA, Memon MA, Hafeezullah WA. | An investigation of mechanism of vasodilator activity of 17β-estradiol as being genomic or non-genomic | **Med Forum 2009; 20(11) :54-57** |
| Shah NA, Hafeezullah, Qureshi S, Sheikh MH, Abbasi MA, Sheikh MH, Rohra DK | Role of Calcium Channel Antagonism In Vasodilator Effects Of 17-Estradiol | Pak J Physiol 2008;4(1): 08 – 12 |
| Abbasi MA, Hafeezullah, Shah NA, Abro AD, Sammo JA | Non High Density Lipoprotein Cholesterol in Type 2 Diabetes Mellitus. | Pak J Physiol 2007;3(2): 40 – 3 |
| Abro AD, Abbasi MA, Hafeezullah, Sammo JA, Sheikh M | Incidence Of Stroke In Context Of Hypertension In Local Population | Pak J Physiol 2007;3(2): 28 – 31 |
| Abbasi MA, Hafeezullah, Abro AD and Sheikh M | Smoking is related to albumin excretion in type 2 Diabetes mellitus | Pak J Physiol Dec 2006; 2(2):45-8 |
| Hafeezullah and Aslam M. | Leptin: fights against obesity | Pak J Physiol Jun 2006; 2(1):54-60 |
| Hafeezullah, Hussein MM, Aziz S, Aslam M | Significance of Atrial Natriuretic Peptides in Morphological Changes in Athlete’s Heart. | Pak Armed Forces Med J Jun 2004;54(1):106-12 |
| Hafeezullah, Rao AA, Herzig JW | Association of Blood Group A with Increased Risk of Coronary Heart Disease in the Pakistani Population | Pak Armed Forces Med J 2002; 52 (2): 134-37 |
| Iqubal T, Khoja A, Karira KA, Hafeezullah Qureshi HJ. | Impact of Physiology Understanding on the Performance in the Subject of Medicine | Med Channel 2000; 6 (3): 13-14 |
| Hafeezullah, Karira KA, Khatri NA, Herzig JW. | Magnesium in ischemic heart disease | Pak Armed Forces Med J 2000; Vol.50 (1): 14-16 |
| Hafeezullah, Karira KA, Khatri NA, Herzig JW | Hypomagnesaemia related to lipids and lipoproteins in hypertension | Pak Armed Forces Med J 1999; 49(1): 11-14 |
| Hafeezullah, Akhund IA, Masudi NA, Maheri WM | Physiology teaching in the Developing World: Impact of basic scientists on Physiology | Adv Physiol Educ, USA 1999; 277 (6): S271 – 76 |
| Hafeezullah, Karira KA | Variation in Serum cholesterol and triglycerides throughout gestation | Pak J Med Sci 1999; 15 (3):217-20 |
| Akhund IA, Akhund AA, Alvi IA, Hafeezullah | ABO Blood Group in Relation to Ischemic Heart Disease | J Ayub Med Coll Abottabad 1998; 10 (1): 14-15 |

Scientific Achievements (Scientific Research accept for publication)

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Investigators | Research Title | Date | The magazine |
| Hafeezullah W Ali, Mohammad Aslam, Mohammad Mazhar Hussain, Sohail Aziz | Exercise-induced left ventricular remodeling among elite endurance athletes | 17 - 10 - 2022 | Gomal Journal of Medical Sciences |
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Scientific Achievements(Scientific Research submitted for Arbitration of specialized )

|  |  |  |
| --- | --- | --- |
| Name of Investigators | Research Title | Plot And Date of publication |
| Hafeezullah WA, Hussein MM, Aziz S, Aslam M | Significance of Atrial Natriuretic Peptides in Morphological Changes in Athlete’s Heart | Jun 2004 |
| Hafeezullah WA, Hussein MM, Aziz S, Aslam M | CORRELATION OF CARDIAC NATRIURETIC HORMONES WITH VENTRICULAR REMODELING IN ELITE ENDURANCE ATHLETES | March 2006 |
| Hafeezullah, Ahmad Kamal Ansari | Liver functions in Pregnancy throughout gestational periods | Aug 1995 |

Scientific Achievements(Finished Research Projects)

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| --- | --- | --- |
| Name of Investigators | Research Title | Date Title |
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Scientific Achievements(Current Research)

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| --- | --- |
| Name of Investigators | Research Title |
| Hafeezullah W Ali, Mohammad Aslam, Mohammad Mazhar Hussain, Sohail Aziz | Exercise-induced left ventricular remodeling among elite endurance athletes |
|  |  |

Scientific Achievements (Contribution to Scientific Conference and symposia)

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| --- | --- | --- |
| Conference Title | Place And Date of the Conference | Extent of Contribution |
| Workshop on teaching skills | NBU, Arar 19 - 10 - 2022 | Participation |
| Saudi International Medical Education Conference (SSME) | Abha Palace Hotel, Abha 16 - 2 - 2022 | Participation |
| International Conference of Health Professions Education (ICHPE'21) | University College of Medicine & Dentistry, UOL, Lahore 3 - 11 - 2021 | Participation |
| 89th European Atherosclerosis Society Congress | Virtual Congress May 30 to June 2, 2021 | Participation |
| BMI in obese and non-obese | Journal club meeting of College of Medicine NBU, Arar 2019 | Presented |
| Journal Club Seminars | College of Medicine NBU, Arar 2018 | Participation |
| ورشة عمل ثقافة البحث و النشر العلمي النوعي و أهميته للجامعات | Northern Border University, Ar'ar 22 - 2 - 2017 | Participation |
| الدورة التدريبية بعنوان "احصاء طبي حيوي" | Northern Border University, Ar'ar May 3 to May 6, 2015 | Participation |
| Journal club seminar titled "Problem Based Learning" | Northern Border University, Ar'ar April 21, 2015 | Presented |

Scientific Achievements(Membership and Committees participating in)

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| 1- | عضوء مجلس كلية الطب |
| 2- | رئيس مجلس علم وظائف الأعضاء - كلية الطب |
| 3- | عضوء لجنة فريق المعيار الثاني (إدارة البرنامج و ضمان جودته) في كلية الطب |

Teaching Activities(Undergraduate)

|  |  |  |
| --- | --- | --- |
| Course | Course Number | Extent of Contribution |
| Physiology | 1203211 | 22 Hours |
| Musculoskeletal system Module | 1200301 | 3 hours |
| IBL Module | 1200302 | 7 hours |
| Cardiovascular system Module | 1200303 | 3 hours |
| Respiratory System Module | 1200304 | 6 hours |
| Urinary System Module | 1200305 | 7 hours |
| Endocrine System Module | 1200306 | 8 hours |
| Reproductive Module | 1200307 | 4 hours |
| Gastrointestinal system Module | 1200308 | 4 hours |
| Nervous system Module | 1200309 | 14 hours |

Brief Description of the Undergraduate Courses taught

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| --- | --- |
| 1- | During this course, the student will utilize the basic science literature of cell and tissues to identify the normal functioning of human body systems, cell functioning, transport across the membrane, these will help student to recognize the main functions of different organ systems of human body. The student will apply knowledge and skill in correlation of their functioning of body systems which will enable the student to develop concepts and sufficient understanding of the subject to be able to pursue post-graduate studies and continuing medical education. |
| 2- |  |
| 3- |  |

Teaching Activities (Scientific Studies)

|  |  |  |
| --- | --- | --- |
| Course | Course Number | Extent of Contribution |
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Teaching Activities (academic advising for Student)

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| --- | --- | --- | --- |
| Stage | Number of Students | Form | To me |
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Teaching Activities(Supervision of master and doctoral theses)

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| Scientific Certificate | The Side | The address | Date |
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Teaching Activities(Supervision of Ongoing Research)

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| --- | --- | --- | --- |
| Scientific Certificate | The Side | The address | Date |
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Administrative Tasks And Community Service

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| The Side | Position | Form | To me |
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Administrative Tasks and Community Service (Committee membership)

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| The Side | Position | Form | To me |
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Administrative Tasks and Community Service (Educational Consultancy)

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| Time-full Partial-time | The Side | Form | To me |
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Administrative Tasks and Community Service (Volunteer Work)

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| The Side | Volunteer Type | Form | To me |
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Voluntary Competencies and Skills

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| --- | --- |
| 1- |  |
| 2- |  |
| 3- |  |