Personal Data

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| Name |  WASEEM FATIMA  |
| Department | Clinical Nutrition  |
| Nationality |  Indian  |
| Date | 17- May, 2023 |
|  Official Email | Waseem.fatime@nbu.edu.sa |
| Phone |  966501286515 |

Language proficiency

|  |  |  |  |
| --- | --- | --- | --- |
| Language | Read | Write | Speak |
| English  | √ | √ | √ |
| Hindi  | √ | √ | √ |
| Urdu  | √ | √ | √ |

 Academic Qualifications (Beginning with the most recent)

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| --- | --- | --- | --- |
| Date | Academic Degree | Place of issue | Address |
| 2010 | PhD | Aligarh  | Aligarh Muslim university  |
| 2001 | M .Sc | Aligarh  | Aligarh Muslim university |
| 1999 | B .Sc | Aligarh  | Aligarh Muslim university |

PhD, Master or Fellowship Research Title

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| PhD | Blood pressure distribution among adolescent. Nutritional and associated factors |
| Master | Assessment of Nutritional status of preschool children of selected area of Aligarh |

Professional Record(Beginning with the most recent)

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| Job Rank | Place And Address of work | Date |
| Assistant Professor | Department of clinical nutrition ,Northern Border University, ArarKingdom of Saudi Arabia | September 5, 2015 till date |
| Assistant Professor | Nayab Abassi PG Girls College, Amroha, India  | 1st JUNE, 2013 to 31 august 2015. |
| Assistant Professor | Hahsmi Girls PG college, Amroha | 1st JUNE, 2012 to 31st MAY, 2013.  |

Management Position(Beginning with the most recent)

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| Administrative position | The disk | Date |
| Head of Department | Nayab Abassi PG Girls College, Amroha, India | 1st JUNE, 2013 to 31 august 2015. |
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Scientific Achievements (Published Refereed Scientific Research)

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| --- | --- | --- |
| Name of Investigators | Research Title | Publisher and Date of Application |
|  Ebtihag O Alenzi, Waseem Fatima et al , |  A Systematic Review of Chronic Diseases and Their Prevalence Among the Population of Northern Borders Province (NBP) in Saudi Arabia | Journal of Multidisciplinary Healthcare 2023:16 |
| Mohammed Kanan Alshammari , Waseem Fatima et al  | Selenium and COVID-19: A spotlight on the clinical trials, inventive compositions, and patent literature | journal of infection and public health, Volume15, Issue11, Page1225-1233, DOI10.1016/j.jiph.2022.09.011 |
| Mohd Imran ,Waseem Fatima . Khuzaim Alzahrani et al | Development of therapeutic and prophylactic Zinc composition for use against COVID 19: A glimpse of the trends, intervention and patents. A Review on the Main Phytoconstituents, Traditional Uses, Inventions, and Patent Literature of Gum Arabic Emphasizing Acacia seyal | Nutrients 2022, 14(6), 1227; <https://doi.org/10.3390/nu14061227> |
| Waseem Fatima, Danah Fudhayl , Norah, et al | Knowledge and Perception regarding Ketogenic Diet among Students of Northern Border University, Arar, KSA | Current Nutrition and Food Sciences".2022;19(2) |
| by Mohamed A. Ashour ,Waseem Fatima ,Mohd. Imran et al  | A Review on the Main Phytoconstituents, Traditional Uses, Inventions, and Patent Literature of Gum Arabic Emphasizing Acacia seyal | Molecules. 2022; 27(4):1171. https://doi.org/10.3390/molecules27041171 |
| Rizwan Fatma Zaidi\*, Rohan Kumar, Waseem Fatima | Teaching and Research: A Study of Symbiotic Relationship | International Journal of Asian Education on Vol. 3 No. 1 March 2022 |
| Waseem fatima, Farah khan et al  | Association of GCK gene promoter polymorphism and their role in its mRNA expression among Type 2 Diabetes Mellitus patients | Journal of Clinical and Diagnostic Research. 2020 Oct, Vol-14(10): BC14-BC18 |
|  Waseem fatima, Leena Ahmad et al  | Assessment of Nutritional Status and its Related Factors among Female Adolescent Girls: A School based Study in Arar city, Kingdom of Saudi Arabia. | International Journal of Medical Research & Health Sciences, 2019, 8(2): 133-144 |
| Waseem fatima, Leena Ahmad et al  | Prevalence of disordered eating attitudes among adolescent girls in Arar City, Kingdom of Saudi Arabia | Health psychology research, 2018; volume 6:7444. https://doi:10.4081/hpr.2018.7444. |
| Nida suhail, waseem fatima et al | Knowledge, Attitude and Practice of Female Students towards CVD and Prevalence of Obesity and Hypertension in Arar, Saudi Arabia | International Journal of Medical Research & Health Sciences, 2018, 7(10): 155-160. ISSN No: 2319-5886. |
| Waseem fatima, Leena Ahmad et al  | Identification of Lactic Acid Bacteria from Fermented Camel Cheese Produced in Sudia Arabia, | Bangladesh journal, Vol. 12, No. 4, p. 196-206, 2018 . <http://dx.doi.org/10.12692/ijb/12.4.196-206> |

Scientific Achievements (Scientific Research accept for publication)

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| --- | --- | --- | --- |
| Name of Investigators | Research Title | Date | The magazine |
|  |  |  |  |
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Scientific Achievements(Scientific Research submitted for Arbitration of specialized )

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| --- | --- | --- |
| Name of Investigators | Research Title | Plot And Date of publication |
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Scientific Achievements(Finished Research Projects)

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| Name of Investigators | Research Title | Date Title |
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Scientific Achievements(Current Research)

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| --- | --- |
| Name of Investigators | Research Title |
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Scientific Achievements (Contribution to Scientific Conference and symposia)

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| Conference Title | Place And Date of the Conference | Extent of Contribution |
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Scientific Achievements(Membership and Committees participating in)

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| 1- |  |
| 2- |  |
| 3- |  |

Teaching Activities(Undergraduate)

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| Course | Course Number | Extent of Contribution |
| Nutrition during life cycle | 1304212 | Course coordinator  |
| Nutrition status assessment | 1304241 | Course coordinator  |
| Nutritional epidemiology | 1304232 | Course coordinator  |
| Maternal and pediatric nutrition | 1304444 | Course coordinator  |
| Nutrition education and patient counselling | 1304446 | Course coordinator  |
| Nutrition for health and fitness | 1304432 | Course coordinator  |
| Principles of food science and nutrition  | 1304211 | Course coordinator  |
| Community nutrition  | 1304231 | Course coordinator  |
| Management of Nutrition Services and Dietetic | 1304321 | Course coordinator  |
| Advanced Topics in Food Science and Nutrition | 1304422 | Course coordinator  |

Brief Description of the Undergraduate Courses taught

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| 1- |  |
| 2- |  |
| 3- |  |

Teaching Activities (Scientific Studies)

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| Course | Course Number | Extent of Contribution |
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Teaching Activities (academic advising for Student)

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| --- | --- | --- | --- |
| Stage | Number of Students | Form | To me |
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Teaching Activities(Supervision of master and doctoral theses)

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| Scientific Certificate | The Side | The address | Date |
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Teaching Activities(Supervision of Ongoing Research)

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| --- | --- | --- | --- |
| Scientific Certificate | The Side | The address | Date |
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Administrative Tasks And Community Service

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| The Side | Position | Form | To me |
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Administrative Tasks and Community Service (Committee membership)

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| The Side | Position | Form | To me |
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Administrative Tasks and Community Service (Educational Consultancy)

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| Time-full Partial-time | The Side | Form | To me |
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Administrative Tasks and Community Service (Volunteer Work)

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| The Side | Volunteer Type | Form | To me |
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Voluntary Competencies and Skills

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| 1- |  |
| 2- |  |
| 3- |  |