

CURRICULUM VITAE

Name:

Abdelrahman Mohamed Ahmed Abukanna

Nationality:

Sudanese

Date of birth:

1 January 1963-Sudan

Marital status:

Married and have five sons.

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Graduation:

 MBBS Faculty of medicine - university of Khartoum -Sudan (fourth of May1989).

Post graduate studies:

 MD degree in Clinical medicine - (29/12/1998) - college of post graduate studies, university of Khartoum - Sudan.

Present job:

 Associate professor in department of internal medicine, faculty of medicine, northern border university since May 2010 up to now.



Professional experience:

- Joined the ministry of health in Sudan in June 1989.
- Internship (1989-1990) Medani teaching hospital.
- Medical officer (general practitioner):1991-1992 Medani teaching hospital
- Rural hospital service: 1993-1995 Hilalia rural hospital- Sudan.
- Medical registrar training for specialization: (January1996-October1998)
 Khartoum teaching hospital, Soba university hospital, Omdurman teaching hospital, Ibn sina teaching hospital Shaab teaching hospital.
- Specialist internal medicine: at Ibrahim Malik teaching hospital (Khartoum)
 1998-2004
- Consultant internal medicine: at Ibrahim Malik teaching hospital (Khartoum) 2004-2007.
- Consultant internal medicine at Alfalah International Hospital Riyadh-Saudi Arabia November 2007- February 2010).
- Clinical service offered by the university to ministry of health at Arar central hospital as a specialist internal medicine February 2013 up to now.

Teaching activities:

- Teaching staff at the department of medicine, university of Bahr Elgazal-Sudan and involved in theoretical and clinical teaching of 4th, 5th and 6th years students between 1996 and 2007.
- Teaching and training of house officers, medical officers(residents) and medical registrars in the medical department at Ibrahim Malik teaching hospital (ministry of health).1998 – 2007.
- Involved in theoretical and clinical teaching of students in northern borders university since May 2010 up to now.
- Assigned as external examiner in final MBBS exams in Sudan medical council 2000 – 2007.

University posts:

- Joined department of medicine, collage of medicine, university of Bahr Elghazal, Sudan January 1996.
- Teaching assistant (January 1996 November 1998).
- Assistant professor of medicine (December1998-December2005).
- Associate professor of medicine (January 2006 up to now).



Administrative jobs:

- Head department of medicine, university of Bahr Elgazal-Sudan January 1999
 September 2007.
- Member of the senate (university board) in Bahr Elgazal university January
 1999 September 2007.
- Member of curriculum committee faculty of medicine, university of Bahr Elgazal January 2000 – September 2007.
- Member of curriculum committee faculty of medicine, northern border university October 2010 up to 2017.
- Member of curriculum development in faculty of medicine, northern border university October 2015 to 2020.
- Member of academic committee faculty of medicine, northern border university 2017 up to now.
- Member of medical excuses committee northern border university October 2018 up to now.
- Coordinator of department of internal medicine, faculty of medicine, northern border university 2010 up to now.
- Dean assistant for clinical affairs 2017 to 2019.
- Supervisor of Vice deanship for clinical affairs 2019 to 2020.
- Supervisor of 4th year academic curriculum, faculty of medicine, northern border university 2011 up to 2019.
- Coordinator of early clinical experience and communication skills module for 3rd year students, faculty of medicine, northern border university 2011-2012
- Coordinator of GIT module for 3rd year students, faculty of medicine, northern border university 2011.
- Coordinator of internal medicine I basic skills course for fourth year students, faculty of medicine, northern border university 2011-2012-2013-2014.

Attended Courses and seminars:

- Attended accurse in acute respiratory infections, Sudan (October 1989).
- Course in advanced life support, Sudan (February 2002).
- Course in management of HIV AIDS, Sudan (May 2004).
- Course in management of obstructive airway disease, Sudan (April2007).
- Course in evidence-based medicine, Sudan (May 2005).



- Seminar about sexually transmitted diseases, Sudan (July2003).
- Attend the Pan Arab association conference Sudan (2002).
- 4th Arab gastroenterology association conference, Sudan 2003
- Sudan association of physicians conference (1998-2000-2002-2004-2006)
- Sudan association of neurological sciences conference 2004
- Attended course about problem-based learning, northern border university
 June 2010
- Attended course about medical research, northern border university October 2010
- Attended course about confidence assessment, northern border university 13-14 April 2011
- Attended the first PAAMCC heart symposium at prince Abdul-Aziz cardiac center 27-28/3/2013
- Attended the second PAAMCC heart symposium at prince Abdul-Aziz cardiac center 22-23/2/2014
- Attended workshop about the use of Banner system, self-service for academic supervisors, northern border university21-25/12/2014
- Attended workshop about medical supervision, northern border university,
 2019.
- Medicine updates symposium at Arar central hospital KSA 6-7 April 2016.

Lectures delivered:

- Delivered a lecture about new trends in management of diabetic ketoacidosis as CME activity at prince Abdul Aziz hospital in 6/5/2011
- Delivered a lecture about insulin resistance as CME activity at prince Abdul Aziz hospital in 14/4/2012
- Delivered a lecture about dietary control of diabetes mellitus in international diabetes day at prince Abdul Aziz hospital 17-19 /12/2012
- Delivered a lecture about management of drug-drug interactions in drug-drug interactions symposium held by ministry of health at northern region on 8-9/4/2013
- Delivered a lecture about epilepsy, journal club, northern border university, 2019.



- Delivered a lecture about hypertension, the silent killer, northern border university, 2018.
- Delivered a lecture about smoking hazards, northern border university, 2016.

Published research:

- 1. Correlation of SPECT imaging, biochemical parameters and mutation with systolic dysfunction.
- 2. Nutritional Problems of Elderly Population of Arar City KSA.
- 3. Risk factors for Osteoporosis in Women Forty Years and Above in Arar City, Kingdom of Saudi Arabia (KSA).
- 4. Prevalence of vitamin D deficiency among university female students in NBU, KSA.
- 5. Prevalence of congenital hypothyroidism in Arar city, Kingdom of Saudi Arabia (KSA)
- 6. The relationship between the smoker age, age of initiation of smoking and Fagerström Test for Nicotine Dependence among male Sudanese smokers.
- Clinical presentation and etiology of pulmonary fibrosis among Sudanese patients.
- 8. The relation of Fagerström test for nicotine dependence to the perception of the ability to quit smoking and exhaled carbon monoxide level among Sudanese male smokers.
- 9. The relationship between vitamin D level and severity and control of bronchial asthma among adult Sudanese patients
- 10. Knowledge of the staff of the faculty of medicine, Northern Border University (NBU) about problem-based learning (PBL) and their vision towards it
- 11. Risk Factors Associated with Chronic Obstructive Pulmonary Disease in Arar, Saudi Arabia: A Case Control Study.
- 12. Diabetic Neuropathy as the Commonest Diabetic Complication in Patients
 Attending to the Diabetes Center in Arar, Northern Saudi Arabia
- Non-compliance on DM treatment among diabetic patients in Arar City,
 Northern Saudi Arabia
- 14. Awareness of the general population about the risk factors of cerebrovascular stroke in Arar, Saudi Arabia



- 15. Knowledge; attitude and practice of general population in Arar towards Bell's palsy
- 16. Awareness of Saudi population about Sudden cardiac Death in Arar, Northern Saudi Arabia
- 17. Effect of caffeine on medical student's performance during exams in Northern Border University (NBU), Saudi Arabia
- 18. Knowledge, Attitude and Practices of Saudi Population in Arar regarding Epilepsy and Seizures
- 19. Prevalence and impact of primary headache on quality of life in the general population of Arar, Northern Saudi Arabia
- 20. Socio-economic Impact on Families with Diabetic Foot Ulcer and Amputation Patients
- 21. Awareness of diabetic foot and its risk factors in the general population of Arar, Northern Saudi Arabia
- 22. Awareness of the general population about the causes, management and prevention of gastro duodenal ulcer in Arar City, Northern Saudi Arabia
- 23. Effects of Fasting on Student Performance in Exams in Northern Border University, Kingdom of Saudi Arabia
- 24. Prevalence of Primary Headache among Medical Students in Northern Border University, Kingdom of Saudi Arabia
- 25. Obesity as a risk factor for different cancers: Systematic review
- 26. Sleep Deficiency as a Risk Factor for Hypertension: A Systematic Review
- 27. Aging and changes in White Blood Cells Count and Immunity: A Systematic Review
- 28. Overview of Causes, Risk Factors and Management of Sciatica: A Review

On-going Research:

- Awareness of the General Population about Liver Cirrhosis and its Etiology in Arar, Saudi Arabia
- 2. Awareness of the Public about chronic renal failure, causes, treatment and complications in Arar, Northern Saudi Arabia
- 3. The Effect of Sleep quality On GPA And Clinical Examination Score In Northern Border University Medical students
- 4. Prevalence of Hypophysitis due to Postpartum Hemorrhage in Maternity & Children Hospital in Arar, Northern Saudi Arabia



- Common Chronic Respiratory Disorders Among Adult General Population of Arar City, Kingdom of Saudi Arabia
- 6. Patterns of Clinical Presentation and Risk Factors of Acute Pulmonary Embolism Among Sudanese Patients at Alshaab Teaching Hospital
- 7. Knowledge, Attitude, and Practice Regarding Brucellosis in Arar city, northern border of Saudi Arabia
- 8. Knowledge Attitude and Practice towards Irritable Bowel Syndrome Among the general population in Arar City, Northern Saudi Arabia
- 9. Knowledge, Attitudes and Practices Towards The Injectable anti-obesity drugs among adult population in Northern Saudi Arabia: A Cross-Sectional Study
- 10. Frequency of Chronic Respiratory Diseases in Patient Perform Pulmonary Function Test in Alshaab Teaching Hospital
- 11. Knowledge, attitude and practice of community pharmacist in dispensing of dextromethorphan cough syrup in Khartoum state

Languages:

- Arabic-(mother language) speaking and writing.
- English- speaking and writing.

Students teaching activities in faculty of medicine, NBU:

Main activities:

Lectures and clinical rounds in internal medicine for clinical years in addition to neurology.

Other activities:

Participating in the following modules:

- Medical ethics
- Anesthesia
- Lectures, practicals, PBL, clinical presentations in the preclinical modules for basic years including:
 - o Respiratory module
 - o Endocrine module
 - o GIT module
 - Reproductive module
 - o IBL module



- o Urinary module
- o Cardiovascular module
- o Early clinical experience and communication skills module
- o Nervous system and special senses module
- O Basic emergency module

