**Bushra Omar Albadareen.**

**Rank: Assistant Professor**

**Graduate Country: Jordan, 2020.**

**Date of Birth: 28/4/1991.**

**Nationality: Jordanian.**

**Marital Status: Single.**

**ResearchGate: <https://www.researchgate.net/profile/Bushra-Albadareen>**

**Phone number: 00962796827415**

**E-mail address: [bushra.albadareen@gmail.com](mailto:bushra.albadareen@gmail.com), [omarbushra48@gmail.com](mailto:omarbushra48@gmail.com)**

**EDUCATION**:

**- PhD. Human Nutrition and Dietetics, Jordan university, January.2020. (3.58 out of 4)**

**- MSc. Nutrition,** **Jordan University of science and technology, august. 2015. (87.6 out of 100%)**

**- BSc. clinical nutrition and dietetics, Hashemite University, June. 2013. (3.60 out of 4)**

**PhD THESIS:**

**- Effects of Ketogenic and High Fat Diets and Vitamin D on Body Weight, Insulin Resistance, Lipid Profile and Inflammatory Biomarkers in Dietary-Induced Obesity in Rats.**

**MSc THESIS:**

**- Development a high- fiber, protein Mamoul with a low- content of carbohydrate for celiac disease patient.**

**RESEARCH INTERESTS:**

**- Clinical Nutrition/ Nutritional Biochemistry.**

**TECHNICAL SKILL:**

**- HACCP system professional level.**

**COMPUTER SKILL:**

**- Proficient in Microsoft Office and SAS/SPSS program for data analysis, ESHA food processor.**

**PUBLICATIONS:**

**- Ahmad M.N., Al-Badarein B.O. (2019). Analysis of evidence linking dietary carbohydrate and fat proportions with body weight and insulin resistance. International Journal of Applied and Natural Sciences. 8(6): 43-60.**

**- Al-Badarein B.O., Ahmad M.N. (2021). Body Weight, Insulin Resistance, and Inflammatory Biomarkers in Rats Fed Normal-Fat, High-Fat, and Ketogenic Diets Supplemented with Vitamin D. Jordan Journal of Agricultural Sciences. 17(1):1-16.**

**EXPERIENCE:**

**-Assistant Professor at AlBalqaa applied University (10/2021)**

**- Teaching assistant:**

**-** Jordan University of science and technology meal planning (2 / 2014 – 6 / 2015).

**-** Jordan University meal planning, training course and nutrition assessment (3/2016\_1/2020).

**- Nutritionist:**

**-** al-dyar health center (1 / 2015 – 1 / 2020).

**-** al- esteqlal hospital and Aljazeera hospital (2018-2019).

**- Quality control and assurance:**

**-**  Prince Hamza Hospital (9 /2013 – 2/2014).

**-** Jordan university hospital (5/ 2017 –1/ 2018).