Personal Data

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| --- | --- |
| Name | Dr.Ghazala Rasool |
| Department | Internal Medicine  |
| Nationality | Pakistani  |
| Date | 10/05/2023 |
|  Official Email | Ghazala.Rasool@nbu.edu.sa |
| Phone | 0590117651 |

Language proficiency

|  |  |  |  |
| --- | --- | --- | --- |
| Language | Read | Write | Speak |
| Pushtu | yes | yes | yes |
| Urdu | yes | yes | yes |
| English | yes | yes | yes |
| Arabic  | Can read but do not understand fully | No |  Can speak basics and understand basic conversation  |

 Academic Qualifications (Beginning with the most recent)

|  |  |  |  |
| --- | --- | --- | --- |
| Date | Academic Degree | Place of issue | Address |
| 12.05.2011 | FCPS Medicine | Pakistan | College of physcians and surgeons of Pakistan |
| 18.05.2003 | MBBs | Pakistan | Rawalpindi medical college ,university of Punjab |
|  Passed saudi prometrics exam and holds specialist in medicine practcising licence from saudi commission of health specialities since 2016 | saudi commission of health specialities | KSA | saudi commission of health specialities |

PhD, Master or Fellowship Research Title

|  |  |
| --- | --- |
| PhD | FCPS medicine |
| Master |  |

Professional Record(Beginning with the most recent)

|  |  |  |
| --- | --- | --- |
| Job Rank | Place And Address of work | Date |
| Assistant Professor  | Department Of medicine ,College of Medicine Northern Border University Ara,KSA | 24.08.2015 |
| Senior registrar Medicine  | Holy Family Hospital ,Rawalpindi medical college Pakistan | 30.01.2013 to 22.08.2015 |
| Assistant Professor Medicine  | Islamabad medical and dental college Islamabad Pakistan  | 27.02.2012-29.01.2013 |
| Senior registrar medicine | slamabad medical and dental college Islamabad Pakistan | Ist july 2011-26.02.2012  |

Management Position(Beginning with the most recent)

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| --- | --- | --- |
| Administrative position | The disk | Date |
| memeber | Medical emergency response team | 2022-2023 |
| member | Medicnce departemnt exam commitee | 2022-2023 |
| member | OSCE committee | 2022-2023 |
| memeber | Skill lab  | 2022-2023 |
| Coordinator medicine module 2 | Medicine module 2 | 2021-2022 |
| Module coordinator  |  Neurology module male and female students  | 2019-2020 |
| Module coordinator | Medicine 2 | 2017-2018 |

Scientific Achievements (Published Refereed Scientific Research)

|  |  |  |
| --- | --- | --- |
| Name of Investigators | Research Title | Publisher and Date of Application |
| Dr.Ghazala Rasool,Dr.Mohammad Khurram | Thyroid dysfunction in patients with chronic hepatitis C receiving Interferon and Ribavirin therapy |  (Rawal Medical Journal ) 2014 vol 1,april |
| Muhammad Khurram, Ghazala Rasool, Muti Ullah Khan | Adult Onset Still’s Disease: An Uncommon Cause of Pyrexia of Unknown Origin | Rawal Medical Journal2015 |
| Dr.Ghazala Rasool .Nour Hammoud alanazi,mohamoud Mohammed Alsharif, | Prevalence of diabetes and its relation with age and sex in Turaif, KSA | NCBI, PMC 2016-2017 |
| Noor Hassan A Alazmi11, Ghazala Rasool2, Amal Oshaywi Alanazi3  | Abo & Rh Blood Group As A Risk Factor Of Hypothyroidism | Journal IAJPSyear 2019 |
| Rahman, SA; Ali, HAFEEZULLAH WAZIR; Rasool, GHAZALA; Siddique, Irum | Effect of learning atyles on self-esteem and stress levels of university students | Pakistan Journal of Medical and Health Sciences 2021 Volume 15 Issue 2Pages469-472 |
| SA Abdul Rahman, G Rasool, HW Ali, I Siddique | [Association of self esteem with gender and medical year: a cross sectional study](https://scholar.google.com/citations?view_op=view_citation&hl=en&user=ly2w6HAAAAAJ&citation_for_view=ly2w6HAAAAAJ:zYLM7Y9cAGgC) | Pakistan Journal of Medical and Health Sciences 15 (4), 997-999 |
| ZIA UL AIN SABIHA1 ,GHAZALA RASOOL2, TAYYABA ZIA3 | Investigating Knowledge, Attitude and Practices of Under GraduateStudents Regarding Obesity, in Peshawar, Pakistan | PAKISTAN JOURNAL OF HEALTH SCIENCESP J M H S Vol. 16, No. 07, July 2022 495 |
|  Zia ul Ain Sabiha , Arshad Hussain Hashmi , Arooj Irfan , Irfan Ullah ,, Ghazala Rasool , Tayyaba Zia , | Incidence And Their Associated Factors of Non-Communicable Diseases AmongKhyber Pakhtunkhwa Population | PAKISTAN JOURNAL OF HEALTH SCIENCEShttps://thejas.com.pk/index.php/pjhsVolume 3, Issue 3 (August 2022) |
| Anila Farid ,Saadia Sadiq,Rehana Rasool ,Ghazala Rasool | ANALYSIS OF INHIBITORY EFFECT OF TRANSCRIPTIONAL REGULATORY PROTEIN (STY 4289) OF SALMONELLA TYPHI CT18 BY HOMOLOGY MODELLING | Vol. 35 No. 1 (2023): JOURNL OF AYUB MEDICAL COLLEGE ABBOTTABAD published 02.02.2023 |
|  | Problem based leraning:An analysis of medical students reflection  | Poster presented in The Saudi international medical education conference SIMEC 2022 |

Scientific Achievements (Scientific Research accept for publication)

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Investigators | Research Title | Date | The magazine |
| Dr.Ghazala Rasool,Dr.Wajd Hussain,Hala amjad | Awareness and knowledge of obstructive sleep apnoea among the general population in Arae,Northern region of Saudi Arabia | In process | In process |
|  |  |  |  |
|  |  |  |  |

Scientific Achievements(Scientific Research submitted for Arbitration of specialized )

|  |  |  |
| --- | --- | --- |
| Name of Investigators | Research Title | Plot And Date of publication |
|  |  |  |
|  |  |  |
|  |  |  |

Scientific Achievements(Finished Research Projects)

|  |  |  |
| --- | --- | --- |
| Name of Investigators | Research Title | Date Title |
| Syed Sajid shah. Asmara Syed, Rashad othman,Ghazala Rasool | Problem bases learing :An analysis of medical students reflection |  |
|  |  |  |
|  |  |  |

Scientific Achievements(Current Research)

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| --- | --- |
| Name of Investigators | Research Title |
| Syed Sajid shah. Asmara Syed, Rashad othman,Ghazala Rasool | Problem bases learing :An analysis of medical students reflection |
| Dr.Ghazala Rasool,Dr.Wajd Hussain,Hala amjad | Awareness and knowledge of obstructive sleep apnoea among the general population in Arae,Northern region of Saudi Arabia |
|  | Eating habbits of students of health colleges and Non health collegesat the Northern Border university in KSA |

Scientific Achievements (Contribution to Scientific Conference and symposia)

|  |  |  |
| --- | --- | --- |
| Conference Title | Place And Date of the Conference | Extent of Contribution |
| OSCE Workshop  | 12/08/2021NBU | Presenter |
| Course Report workshop | 21.09.2021NBU/Quality dept | Participant |
| Course specifications and blue print  | 19.10.2021 NBU/Quality dept | Participant  |
| Teaching and learning Grow model  |  23.11.2021 NBU/Quality dept  | participant |
| How to measure leraning outcomes | NBU 5/9/2022 | Participant  |
| Creating ruburic for discipline based assignments  | Theater hall NBU 30,31 october 2022 | Participant |
| Developing questionare for educational research | NBU college of medicine 9/11/2022 | Participant |
| Concepts in quality and accreditation  | NBU 25/1/2023 | Participant |
| Health care Risk management  |  MOH.SCHS 27/01/2023 | Participant |
|  quality managemnt symposium | 2 MOH.SCHS 8.10.2021 | Participant |
| Methods of preventiion and control of infection |  MOH.SCHS 16.10.2021 | Participant |
| Diabetes and challenges symposium |  MOH.SCHS 27.10.2020 | Participant |
| Impact of covid 19 curfew on hypertensive care | MOH.SCHS 29.04.2020 | Participant |
| Update in the managemnt of sepsis and septic shock |  MOH.SCHS Prince abdalaziz hospital Arar training course 22.12.2019 | Participant |
| Acute gastroenteritis :evidence based managemnt of pediatric patients |  MOH.SCHS Training courseMaternity and childern hospital Arar 25.11.2029 | Participant |
| Biomedical managemt and the safety usage of biodemical devices  |  MOH.SCHS Trainng course 13/11/2029 | Participant |

Scientific Achievements(Membership and Committees participating in)

|  |  |
| --- | --- |
| 1- |  |
| 2- |  |
| 3- |  |

Teaching Activities(Undergraduate)

|  |  |  |
| --- | --- | --- |
| Course | Course Number | Extent of Contribution |
| Medicine 1 4th year males |  | Taking lectures, tutorials ,PBLS, Case presentation ,skill bas and bedside teachings ,making and evaluating their written exams and taking the ospe ,osce and clinical exam and making their results and doing exam invajilations  |
| Medicine 1 4th year Females |  | Taking lectures, tutorials ,PBLS, Case presentation ,skill bas and bedside teachings ,making and evaluating their written exams and taking the ospe ,osce and clinical exam and making their results doing exam invajilations |
| Medicine 1 4th year Females |  | Taking lectures, tutorials ,PBLS, Case presentation ,skill bas and bedside teachings ,making and evaluating their written exams and taking the ospe ,osce and clinical exam and making their results doing exam invajilations |
| Medicine 2 6th year females |  | Taking lectures, tutorials ,PBLS, Case presentation ,skill bas and bedside teachings ,making and evaluating their written exams and taking the ospe ,osce and clinical exam and making their results doing exam invajilations |
| Medicine 2 6th year males |  | Taking lectures, tutorials ,PBLS, Case presentation ,skill bas and bedside teachings ,making and evaluating their written exams and taking the ospe ,osce and clinical exam and making their results doing exam invajilations |
| Medicine 2 6th year parallel course |  | Taking lectures, tutorials ,PBLS, Case presentation ,skill bas and bedside teachings ,making and evaluating their written exams and taking the ospe ,osce and clinical exam and making their results doing exam invajilations |
| Neurology 1 5th year males |  | Taking lectures, tutorials ,PBLS, Case presentation ,skill bas and bedside teachings ,making and evaluating their written exams and taking the ospe ,osce and clinical exam and making their results doing exam invajilations |
| Neurology 2 5th year Females |  | Taking lectures, tutorials ,PBLS, Case presentation ,skill bas and bedside teachings ,making and evaluating their written exams and taking the ospe ,osce and clinical exam and making their results doing exam invajilations |
| Emergency module 1 5th year males |  | Taking lectures, prepare mcqs and osce station doing exam invajilations |
| Emergency module 2 5th year Females |  | Taking lectures, prepare mcqs and osce station doing exam invajilations |
| Respiratory module 3rd year females |  | Taking lectures, presentations prepare mcqs |
| CVS module 3rd year females |  | Taking lectures prepare mcqs |
| Endocrinal module 3rd year females |  | Taking lectures, practicals prepare mcqs |
| GIT module 3rd year females |  | Taking lectures prepare mcqs |
| Urinary module 3rd year females |  | Taking lectures prepare mcqs |
|  CNS module 3rd year females |  | Taking lectures,prepare mcqs |
|  |  |  |
|  |  |  |

Brief Description of the Undergraduate Courses taught

|  |  |
| --- | --- |
| 1- |  For medicine 1 module and medicine 2 and neurology , Taking lectures, tutorials ,PBLS, Case presentation ,skill labs and bedside teachings ,making and evaluating their written exams and taking the ospe ,osce and clinical exam and making their results, doing exam invigilation |
| 2- |  To help the students to gain the basic skills in internal medicine.  |
| 3- | so that by the end of this course the students will be able to list causes of common medical diseases related to different medical subspecialties, in various age groups, interpret the knowledge gained from different theoretical activities to the actual medical problems of adult patients in the hospital, show the ability to work in a group in the clinical setting to conduct specific clinical assessment task, demonstrate the ability of using communication skills in dealing with patients, their relatives and medical staff to solve the different medical problems and perform proper and comprehensive history and physical examination for most of the body systems especially cardiovascular, respiratory, gastrointestinal, neurological, urinary and endocrine systems. Along with these the interpretation of investigations and to chart out a management plan |

Teaching Activities (Scientific Studies)

|  |  |  |
| --- | --- | --- |
| Course | Course Number | Extent of Contribution |
|  |  |  |
|  |  |  |
|  |  |  |

Teaching Activities (academic advising for Student)

|  |  |  |  |
| --- | --- | --- | --- |
| Stage | Number of Students | Form | To me |
| Academic advisory supervision | 12 | 2019 | 2020 |
| Academic advisory supervision  | 12 | 2020 | 2021 |
| Academic advisory supervision | 14 | 2021 | 2022 |
| Academic advisory supervision | 14 | 2022 | 2023 |

Teaching Activities(Supervision of master and doctoral theses)

|  |  |  |  |
| --- | --- | --- | --- |
| Scientific Certificate | The Side | The address | Date |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

Teaching Activities(Supervision of Ongoing Research)

|  |  |  |  |
| --- | --- | --- | --- |
| Scientific Certificate | The Side | The address | Date |
| NICBE ,The national committee of Bioehethics  | at king Abdulaziz city for science and technology (KACST) | at king Abdulaziz city for science and technology (KACST) | 09/13/2022 |
| Awareness and knowledge of obstructive sleep apnoea among the general population in Arar,Northern region of saudi arabia | Arar | Arar | 2022=2023 |
| Eating habbits of students of health colleges and Non health collegesat the Northern Border university in KSA | NBU | NBU arar | 2022-2023 |

Administrative Tasks And Community Service

|  |  |  |  |
| --- | --- | --- | --- |
| The Side | Position | Form | To me |
| Medicine 2 module male students | coordinator | 2017 | 2018 |
| Medicine 2 module Female students | coordinator | 2017 | 2018 |
| Neurology module male students | coordinator | 2019 | 2020 |
| Neurology module female students | coordinator | 2019 | 2020 |
| Medicine 2 module male students | coordinator | 2021 | 2022 |
| Medicine 2 module Female students | coordinator | 2021 | 2022 |
| Medicine 2 module male students parallel group | coordinator | 2021 | 2022 |
| Osce commitee | member | 2021 | still |
| Medicine department examination commitee | member | 2015 | still |
| Skill lab commitee | member | 2020 | still |
| Emergency response team | Member and to respond to female section | 2020 | still |
| Osce presentation  | Responsible for construction of osce stations | 2021 | still |
| Prince abdulaziz hospital Arar medicine opd cover | Medical specialist opd | 2016 | 2020 |
| Outpatient clinic at nbu dispensary | Specialist OPD in dispensary for medicine | 2021 | still |

Administrative Tasks and Community Service (Committee membership)

|  |  |  |  |
| --- | --- | --- | --- |
| The Side | Position | Form | To me |
| Medicine 2 module males | coordinator | 2017 | 2018  |
| Medicine 2 module Female students | coordinator | 2017 | 2018 |
| Medicine 2 module parallel course | coordinator | 2017 | 2018 |
| Neurology module female students | coordinator | 2019 | 2020 |
| Neurology module female students | coordinator | 2019 | 2020 |
| Medicine 2 module male students | coordinator | 2021 | 2022 |
| Medicine 2 module Female students | coordinator | 2021 | 2022 |
| Medicine 2 module male students parallel group | coordinator | 2021 | 2022 |
| Osce commitee | Member and construction guide | 2021 | still |
| Medicine department examination commitee | Member  | 2015 | still |
| Skill lab commitee | member | 2020 | still |
| Emergency response team | Member  | 2020 | still |
| Prince abdulaziz hospital Arar medicine opd cover | Specialist opd | 2016 | 2020 |
| Outpatient clinic at nbu dispensary | Specialist opd | 2021 | still |

Administrative Tasks and Community Service (Educational Consultancy)

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| --- | --- | --- | --- |
| Time-full Partial-time | The Side | Form | To me |
|  |  |  |  |
|  |  |  |  |
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Administrative Tasks and Community Service (Volunteer Work)

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| --- | --- | --- | --- |
| The Side | Volunteer Type | Form | To me |
| Clinical diabetes week | counsellor | November 2022 | November 2022 |
| Clinical diabetes week | counselor | November 2023 | November 2023 |
| Ramadan and health | participant | 18 ramadan | 18 ramadan |

Voluntary Competencies and Skills

|  |  |
| --- | --- |
| 1- |  |
| 2- |  |
| 3- |  |