

Rikabi, Hind

Personal Details

Mrs. **Abdla Hind**

Gender: **Female**

Civil Status: **Married**

Country & Place of Birth: **SUDAN/KHARTOUM**

First nationality: **Sudan**

Permanent Address:

KHARTOUM (2) St (53). home no. (17)

Khartoum. Sudan.

**Faculty of pharmacy Northern Border University Rafha,
Kingdom of Saudi Arabia**

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Other details

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Other Address/Additional Contact Information

**Pharmacy practice department, Faculty of Pharmacy, Northern Border University,
Rafha, Kingdom of Saudi Arabia**

Areas of Expertise

Pharmaceutics related 7 years

Clinical Pharmacist 6years

Lecturer 11years

Language Skills

Mother Tongue 1: **Arabic**

Working Languages

English

Speaking

Advanced

Reading

Advanced

Writing

Advanced

Education and Professional Trainings

Educational details

<i>Year</i>	<i>Name of Education Institution</i>	<i>Degree</i>	<i>Title of degree/diploma and description of studies</i>
2005 2007	Faculty of Pharmacy, University of Khartoum, Khartoum, Sudan	MSc	<p>MSc in Clinical Pharmacy (by course).</p> <p>Majors: Pharmaceutical Care Planning Cardiovascular and Respiratory Therapeutics, Central Nervous System Therapeutics Gastrointestinal, Endocrine and Musculoskeletal disorders, Therapeutics of Infections, Oncology, Gene therapy, Total Parenteral Nutrition (TPN), Therapeutic Drug Monitoring (TDM), Pharmacokinetics, Hospital pharmacy, Pharmacoeconomic, Pathophysiology, Communication skills and Research Methodologies.</p> <p>-One year training in Soba University Hospital in Medicine, Surgery, Pediatric, Obs. and Gynecology departments during MSc.</p> <p>-Dissertation: Comparative study between Hemodialysis and continuous ambulatory peritoneal dialysis (CAPD)</p>
1995 2000	Faculty of Pharmacy, University of Khartoum, Khartoum, Sudan	BSc	<p>Basic Sciences: Mathematics, Biology, Physics Botany, and chemistry in the first year. Physiology, Biochemistry Analytical Chemistry, Pharmaceutics, Pharmacology, Medicinal Chemistry, Microbiology, and Pharmacognosy in the rest of the years</p>

Professional Trainings details:

1. Training course on **Training of Trainers (TOT)** by Elekhwa Center Training & Human resource development. Sudan. February 2024.
2. Comprehensive training course in **(Mini Diploma in biostatistics)** by Arab Open University. Sudan .2022
3. Training course on **Research Methodology for Postgraduate Student** by Education Development Center. Sudan Medical Specialization Board. July 2019
4. Basic course on **Basics of Scientific Research** (Medical &Health Sector) by

- Khartoum University Center for Advanced Training. University of Khartoum. August 2017
5. Training course in **English language** (Direct English- 70 Hours) by Northern Border University. June 2014
 6. Basic course in **Evaluation and Measurement** by Advance Training and Performance Development Center. University of **Khartoum**. **April** 2013.
 7. Basic course in **System and Methods of University Teaching** by Advance Training and Performance Development Center. **U of Khartoum**. **March** 2013.
 8. **Course for Health professionals in palliative care for Cancer and HIV/AIDS patients and their families**. Provided by Hospice Africa Uganda. March 2010. Khartoum. Sudan.
 9. **Palliative Care Training course 11. For health professionals** provided by Hospice Africa Uganda. Des 2011. Khartoum. Sudan

Present and previous employment

Exact Title of Position held: **lecturer**
From: -To: **May/2013 – Present**
Name and title of supervisor(s): **Dr. Nawaf Alotaibi-Head of Department**
Name/address of employer: **Faculty of pharmacy -Northern Border University Kingdom of Saudi Arabia**

Detailed Duties and responsibilities in different situations:

1. **Teaching: Therapeutics I, Therapeutics II, Therapeutics III, Therapeutics IV, Therapeutics V, Hospital pharmacy and pharmacy administration, Contemporary pharmacy practice, Drug Information and Literatures Evaluation, Pharmacy Law and Ethics, Pharmacy Seminars– I, Pharmacy Seminars – II, Drug Information Services, Pharm D Seminar, Pharmaceutical Care I, Pharmaceutical Care II, First Aids & Emergency Medicine, Public health Pharmacy and Pharmacovigilance**
2. **Coordinator for academic Advisory Unit for female section**

3. **Member of examination committee**
4. **Liaison Coordinator for the College of Pharmacy Library**
5. **Member of the Field Training Office Committee**
6. **Member of Training and Clinical Affairs Committee**
7. **Member of CME committee**
8. **Internship clinical preceptor**
9. **Member of internship committee**
10. **Member of extra- curricular activities committee**

Exact Title of Position held: **Clinical Pharmacist**

From: -To: **Nov/2007 – May 2013**

Name and title of supervisor(s): **Dr. Waheiba Hassan Eltom- Head of the pharmacy
Dr. Alyaa Almahdi -Senior Clinical pharmacist**

Name/address of employer: **Radiation and Isotope Centre (RICK) .PO Box 846. 11111
Khartoum Tel: +249 776905 Fax: +249 83 774780
Khartoum. Sudan**

Detailed Duties and responsibilities in different situations:

- 1-Offer clinical oncology consultations to physicians about supportive care issues**
such as pain management, nausea and vomiting, myelosuppression, toxicity management, drug interactions, patient with special cases (renal transplant on immunosuppressant drugs, on dialysis, jaundiced.etc...) Who needs dose modifications or alternatives.
- 2. Participate in developing and maintaining treatments protocols and programs.**
- 3. Offer oncology expertise to the medical staff, hospital staff and the public.**
- 4. Attending clinical ward rounds with medical teams to provide drug information, monitor patients' responses to their medications.**
- 5. Patient Education, Counseling and Monitoring patient experiences and adverse reactions - drug interactions.**

- 6. Participate in registrars and medical staff educational programs (prepare lectures and presentations) and provide them with medical topics and updated medical reviews and clinical trials.**
- 7. Attending pediatrics clinical ward rounds with medical teams to provide drug information, monitor patients' responses to their medications.**
- 8. Take part in clinical meetings and contribute in cases discussion.**
- 9. Offer drug information, enquiry answering and circulars to the medical staff, hospital staff and the public.**
- 10. Participate in Medicine information Centre newsletter (updates in cancer treatment and highlight specific issue related to cancer and its management).**
- 11. Reviewing patients file for diagnosis, allergies, co morbidities, Histopathology, CT scan reports, lab. Investigations -CBC, verification and documentation of Absolute Neutrophil Count (ANC), renal function tests, liver function tests, Tumor markers, treatment plan, for patients due to chemotherapy.**
- 12. Check& record patient's current height, weight on the patient's chart, calculating Body Surface Area (BSA).**
- 13. Check prescriptions for drug interactions, incompatibilities and doses, (patient may need dose modification according to RFT specially GFR, LFT, CBC.**
- 14. Calculate Creatinine clearance and Carboplatin dose in some cases according to AUC.**
- 15. Clearly View Chemotherapy orders, Check list (name of the drug, dosage, diluents, route and duration of administration, premeditation for nausea and vomiting) with the doctor's signature, then fill the administration sheet for nurses.**
- 16. Prepare wall notes for nurses in some special chemotherapy regimens.**
- 17. Be available in day care unit to attend chemo administration to assure rates of infusions and sequencing and to offer nurses advices about safe handling of cytotoxic drugs and how to deal with vesicant drugs.**
- 18. Member in palliative care team, pain Assessment and management, Symptom Management.**
- 19- Prepare Magic solution for patients who develop mucocitis from radiotherapy or chemotherapy.**
- 20. Participate in oral morphine preparation in pharmacy.**

Exact Title of Position held: **Hospital Pharmacist**

From: -To: **May. /2002 – Oct. /2007**

Name and title of supervisor(s): **Dr. Bint Elmuna Hamed, Dr. Waheiba Hassan Eltom-
Head of the pharmacy**

Name/address of employer: **Radiation and Isotope Centre (RICK) .PO Box 846. 11111
Khartoum Tel: +249 776905
Fax: +249 83 774780 Khartoum. Sudan**

Brief description of duties and responsibilities:

- 1. Review chemotherapy orders for accuracy and completion.**
- 2. Develop medication safety guidelines for cytotoxic agents used in oncology clinical practice.**
- 3. Demonstrate knowledge of clinical practice in oncology pharmacotherapeutics. Dispensing the prescribed medicines and instructing to patients the method of use and dosage of the medication to provide better patient compliance.**
- 4. Maintaining stock and account of medicines and cash.**
- 5. Checking expiry dates, proper storage of medicines and temperature frequently.**
- 6. Providing information about drugs as and when required by doctors, guiding trainee and assistant pharmacist.**
- 7. Preparing and submitting reports and accounts as and when required.**
- 8. Provision of good customer services to inpatients and outpatients.**
- 9. Dispensing and counseling of patients on their medications.**

Exact Title of Position held: **Pharmacist**

From: -To: **Oct /2001- April/2002**

Name and title of supervisor(s): **Dr. Nahid Shoeb - Head of the pharmacy**

Name/address of employer: **Children emergency hospital-Khartoum-Sudan**

Brief description of duties and responsibilities:

Drug dispensing in the hospital main Pharmacy. Managing the stocks.

Exact Title of Position held: **Pharmacist**

From: -To: **Sep /2000- Sep/2001**

Name and title of supervisor(s): **Dr. Abd El Bary- Head of the pharmacy**

Name/address of employer: **Port Sudan emergency hospital- Port Sudan -Sudan**

Brief description of duties and responsibilities:

Drug dispensing in the hospital main Pharmacy. Managing the stocks.

Computer Skills

Intermediate Diploma in Computer Application Management in: -

1-Introduction & Operation.

2-Microsoft Windows.

3- Microsoft Word.

4- Microsoft Excel.

5-Introduction to Management Organization.

6-Internet.

Presentation: **power point** **Working Knowledge**

Programming: **----**

Additional Information

Conferences and Workshops attended:

1. **Basics of LaTeX in Writing Research Papers and Theses** by unit of community service, volunteering and alumni affairs. College of Science. King Khalid University, Kingdom of Saudi Arabia. October. 2024
2. **Employing E-learning strategies in the Blackboard system** by Deanship of E-Learning and Knowledge Resources. Northern Border University, Kingdom of

Saudi Arabia. January. 2024

3. **Employing the safe assign verification tool to enhance the originality of assignments and research submitted by students** implemented online by Deanship of E-Learning and Knowledge Resources. Northern Border University, Kingdom of Saudi Arabia. December. 2023
4. **Professionalism in using virtual classrooms (creative teaching practices)** implemented online by Deanship of E-Learning and Knowledge Resources. Northern Border University, Kingdom of Saudi Arabia. December. 2023
5. **Major instructional strategies and their effective usage in health professions education** implemented online by health professional education committee by Deanship of University Education Development. Northern Border University, Kingdom of Saudi Arabia. February 2023
6. **The technical procedures to overcome the problems of electronic exams** by Deanship of e-Learning and Distance Education. Northern Border University, Kingdom of Saudi Arabia. February 2023
7. **The seventh Fortum of local ethics committees** held virtually by the national committee of bio ethics at king Abdul king Abdulaziz city for science and technology, Kingdom of Saudi Arabia. December 2022
8. **Classpoint workshop** by classpoint. Sudan. November 2022
9. **Eligibility requirements for program accreditation** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. March 2022
10. **Scientific references and their electronic indexing in scientific papers using the Mendeley program** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. February 2022
11. **Training Workshop for the Strategic Plan of the Deanship of Library Affairs** by Deanship of Library Affairs Northern Border University, Kingdom of Saudi Arabia. November 2021
12. **The Six Forum of Local Committees for Research Ethics and The Training Course** by The National Committee of Bio Ethics (NCBE) at King Abdulaziz City for Science and Technology (KACST), Kingdom of Saudi Arabia. November 2021
13. **Cyber risks and ways to prevent them** by Deanship of Development of

- University Education Northern Border University, Kingdom of Saudi Arabia.
November 2020
14. **Principles of working on Microsoft Office** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia.
November 2020
 15. **Technical support and maintenance** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. November 2020
 16. **Computer networking basics** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. November 2020
 17. **Managing and using Outlook at the work environment** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. November 2020
 18. **Course specification and course report, program specification, Field experience** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. April 2020
 19. **Contemporary global trends in university education** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. November 2019
 20. **Designing interactive educational programming using PowerPoint** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. February 2019
 21. **Electronic Mental Map and It use In Education Process** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. April 2018
 22. **Curriculum Map and Learning Outcome work shop** Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. February 2018
 23. **Compact Titrator and Its pharmaceutical Applications** work shop by the Department of pharmaceutical chemistry, Faculty of Pharmacy, Northern Border University, Kingdom of Saudi Arabia. October 2017
 24. **Academic Advising work shop** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. April 2017

25. **Competencies in Modern Teaching Methods work shop** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. April 2017
26. **Building Exam Questions Bank work shop** by Deanship of Development of University Education Northern Border University, Kingdom of Saudi Arabia. April 2017
27. **Statistical Analysis Using SPSS work shop** by Northern Border University, Kingdom of Saudi Arabia May 2015
28. **Problem-Based learning work shop** by Northern Border University, Kingdom of Saudi Arabia May 2015
29. **Principles of Clinical Trials** by Northern Border University, Kingdom of Saudi Arabia. December 2014
30. **Building Achievement Tests** by Northern Border University, Kingdom of Saudi Arabia. August 2014
31. **Strategies for Active Learning and the Development of Capabilities of faculty members program** by Northern Border University, Kingdom of Saudi Arabia. May 2014
32. **Pharmacokinetics and Nonmem** by faculty of pharmacy Northern Border University, Kingdom of Saudi Arabia. April 2014
33. **Definitional session to use the digital database "maarefa"** by Northern Border University, Kingdom of Saudi Arabia. March 2014
34. **Unified electronic index of Saudi digital library** by Northern Border University, Kingdom of Saudi Arabia. March 2014
35. **Definition of Saudi digital library** by Northern Border University, Kingdom of Saudi Arabia. March 2014
36. **United Arab Emirates cancer congress Dubai**, United Arab Emirates. October 2012
37. **2nd international Cancer Conference** Dec 2010. Khartoum, Sudan.
38. **First international Cancer Conference** Dec 2009. Khartoum, Sudan.
39. **Clinical pharmacy workshop**. Ministry of Health, Secretariat of Sudanese Working Abroad and Sultan Qaboos University Hospital. Khartoum, Sudan Jun.2006.
40. **The 25th Scientific Conference of the Arab Pharmacist Union.**

Communication Skills and Counseling training workshop. Dec 2005.
Khartoum. Sudan

Seminars

Early detection of cancer: warning signs and screening, Gulf campaign for cancer awareness .6 February 2018

Publications

1. **Understanding Hypertension Prevalence among Starving Young Adults in Conflict-Affected Sudan. American Journal of Medical Science and Innovation ,2024 DOI: <https://doi.org/10.54536/ajmsi.v3i2.3045>**
2. **Knowledge and Attitudes of Saudi People Regarding Leukemia: A Cross-sectional Study Conducted in the Northern Border Region. Asian Journal of Pharmaceutical Research and Health Care, 2024 DOI: 10.4103/ajprhc.ajprhc_51_24**
3. **Deprescribing: Barriers, Benefit and Harms. International Journal of Pharmaceutical Research & Allied Sciences ,2020**
4. **The effect of community pharmacist education and training on medication dispensing and counseling. Advance, sage preprint community,2019 DOI: 10.31124/advance.7769456.v1**
5. **Evaluation of community pharmacist dispensing and counseling practice. International journal of biology, pharmacy and Allied sciences (IJBPAS),2019**
6. **The exposure and toxic effects of mercury in gold mining activities. Asian journal of health sciences,2019 DOI: 10.15419/ajhs.v5i1.443**
7. **Implementation of GMP in pharmaceutical manufacturing facilities in Sudan. American Journal of Research Communication, 2018**

References

1. Department of Pharmacology, Faculty of Pharmacy, Omdurman Islamic University

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