

CURRICULUM VITAE

Name: - AHMED HAMAD AHMED SULAIMAN

Nationality: - Sudanese

Date of birth: - 22/ 3/ 1973

Place of birth: - Dilling (South Kordofan) Sudan

Marital status: Married

TITLE: PHYSICIAN INTERNIST- ASSISTANT PROFESOR OF MEDICINE.

RESIDENCE: Arar - KSA

TITLE FOR CORRESPONDENCE:

Northern Borders University, Faculty of Medicine, Arar - KSA

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Academic qualifications:-

- MD in internal medicine from SMSB in December 2006.
- MBBS from University of Bahr Elghazal in August 1999.
- Course of research methodology and health statistics from UMST August 2008.

Languages:

Fluent in English and Arabic.

Experiences:-

Post specialization experience: -

Since Jan 2007 –up-to-date

1. Assistant professor of medicine northern borders university from Nov 2011 up to date.
2. Assistant professor of medicine university of Bahr Alghazal from Jan 2007 to Oct 2011.
3. Physician Unit in Ibrahim Malik teaching hospital since 2007 to Oct 2011.
4. Examiner in final exams in U of Khartoum; Alfashir; Alnileen; Juba; Upper Nile; Nile Vally; University of science and technology and Bakht Alrida universities 2007-2010.

Pre-specialization experience: -

- 1- Housman ship in Khartoum hospitals from Jan 2000 to June 2001.
- 2- Medical officer in Omdurman teaching hospital from June 2001 to Aug 2002.
- 3- Teaching assistant in Bahr Elghazal University from Aug 2002 to Dec 2006.

Specialization training: -

- Enrolled in registrar rotation in Khartoum hospitals (Omdurman military hospital, Alshaab teaching hospital, Khartoum teaching hospital, Soba university hospital and Omdurman teaching hospital) from Jan 2003- 2006.

Registration:

- Certificate of Registration as a consultant in internal medicine 2017 from the Sudan Medical Council, Khartoum, Sudan.
- Certificate of Registration as a specialist in internal medicine 2013 from Saudi commission for health specialties (Valid till February 2028).
- Certificate of Registration as a specialist in internal medicine 2006 from the Sudan Medical Council, Khartoum, Sudan.

Activities:

1. Supervisor of the simulation lab of faculty of medicine NBU (1442 to date)
2. Supervisor of fifth year faculty of medicine NBU (2012-to 2023)
3. Member of OSCE exams committee of faculty of medicine NBU (1442 to date)
4. Coordinator of Internal medicine for six-year NBU (2014-2016 & 2024-2025)
5. Coordinator of Neurology course 5th year NBU
6. Coordinator of medicine 1 course 4th year 2023-2024 NBU
7. Head department of medicine, college of medicine UBG (Jan 2010 to Oct 2011)

Postgraduate research supervision:

Supervised the following students

- a. Hiba Amin. Thiazid duratic in controlling blood pressure in IMTH, for her MSC clinical pharmacology UMST.
- b. Mohammed Alruwili. Lipid profile in Saudi patients with chronic renal failure on hemodialysis therapy in Northern Borders Region, for his Bachelor of medical laboratory science NBU.

Publications:

1. **Ahmed H Sulaiman^{1*}**, Hyder Mirghani², Omaima A Hamid³, Abdelrahman Mohamed Ahmed Abukanna¹, Hafiz Osman Ibnidris Almisbah¹, Haider Osman Ibn Idris Elmisbah. METFORMIN THERAPY FOR ACNE VULGARIS AMONG MALES AND FEMALES WITHOUT POLYCYSTIC OVARY SYNDROME: A SYSTEMATIC REVIEW

- AND META-ANALYSIS. Asian J Pharm Clin Res, Vol 18, Issue 3, 2025, 10-15. Online - 2455-3891 Print - 0974-2441.
2. Abdelnaser A. Badawy, Heba I. Ghamry, Naglaa Mokhtar, Ahmed H. Sulaiman, Elryah I. Ali, Hasnaa Ali Ebrahim, Mamdouh Eldesoqui, Mohammed A. El-Magd, Khellin a promising natural compound for alleviation of diabetic nephropathy: Evidence from in-silico, in-vitro and in-vivo studies, Journal of Radiation Research and Applied Sciences, Volume 18, Issue 3, 2025, 101590, ISSN 1687-8507, <https://doi.org/10.1016/j.jrras.2025.101590>. (<https://www.sciencedirect.com/science/article/pii/S1687850725003024>)
 3. Shamina Begum¹ , Hyder O. Mirghani² , Amirah Alhowiti³ , Tariq Alrasheed⁴ , Ahmed H. A. Sulaiman⁵. Prevalence and risk factors for post COVID 19 syndrome on medical students in Tabuk, Saudi Arabia 2023 2024 1 Department of Medical Microbiology, Faculty of Medicine, University of Tabuk, Tabuk, Kingdom of Saudi Arabia, 2 Department of Internal Medicine and Endocrine, Faculty of Medicine, University of Tabuk, Tabuk, Kingdom of Saudi Arabia, 3 Department of Family and Community Medicine, Faculty of Medicine, University of Tabuk, Tabuk, Kingdom of Saudi Arabia, 4 Department of Internal Medicine, University of Tabuk, Tabuk, Kingdom of Saudi Arabia, 5 Department of Medicine, Faculty of Medicine, Northern Border University, Kingdom of Saudi Arabia 29-09-2025
DOI: 10.4103/jfmprc.jfmprc_2017_24
Journal of Family Medicine and Primary Care
• ISSN: 2249-4863
 4. Abdelrahman Mohamed Ahmed Abukanna^{1*}, **Ahmed Hamad Ahmed Sulaiman**², Mathayil Nazal Alruwaili³, Ashwaq Ibrahim H Alanazi⁴, Hala Abdullah Alanazi⁴ et al. NON-ADHERENCE TO DIABETES MEDICATION WITH RECURRING DIABETIC KETOACIDOSIS AND SUBSEQUENT DEPRESSION: A SYSTEMATIC REVIEW. Ibero-American Journal of Exercise and Sports Psychology; (2024) Volume 19, Issue 6 – pp. 655-658. ISSN 1886-8576.
 5. Mujeeb Ur Rehman Parrey, Muhammad Omer Afzal Bhatti, Riyadh Yahia Mustafa Al laham, Saima Rehman, **Ahmed Hamad Ahmed Sulaiman**, Hafiz Osman Ibnidris Almisbah. VIRTUAL REALITY IN MEDICAL EDUCATION: UNLOCKING POTENTIAL, OVERCOMING BARRIERS, AND PAVING THE WAY FORWARD - A SYSTEMATIC

REVIEW. Frontiers in Health Informatics; Vol. 13 No. 8 (2024). Vol. 13 No. 8 (2024).

6. Elmisbah, Haider & **Sulaiman, Ahmed** & Ibn Idris, Hafiz & Alali, Almaha & Alaqabawi, Reem & Alanazi, Reem & Alanazi, Raghad. (2025). LONG-TERM OUTCOMES OF ENDOVASCULAR REPAIR OF ACUTE TYPE B AORTIC DISSECTION: A SYSTEMATIC REVIEW. Journal of Pioneering Medical Sciences. 14. 36-41. 10.47310/jpms2025140206.DOI:https://doi.org/10.47310/jpms2025140206
7. Haider Osman Ibn Idris Elmisbah, Hafiz Osman Ibn Idris Almisbah, **Ahmed Hamad Ahmed Sulaiman**, Nasser Obaylik M Alruwaili, Bader Muhammad G AlRwaili, Faris Yousef N Alruwaili, Khalil Yousef N Alruwaili. AQUABLATION THERAPY FOR BENIGN PROSTATIC HYPERPLASIAA SYSTEMATIC REVIEW OF EFFICACY AND COMPLICATIONS: Ibero-American Journal of Exercise and Sport Psychology Vol. 20, Nº. 1, 2025, pages 16-19. ISSN 1886-8576.
8. Abdelrahman Mohamed Ahmed Abukanna*, **Ahmed Hamad Ahmed Sulaiman**, Shouq Fayed K Alanazi, Maali Ayed Alanazi, Amthal Alturqi S Alanazi, Reem Falah A Alanze. MEDICATION ADHERENCE AND ITS PSYCHOLOGICAL AND NON-PSYCHOLOGICAL BARRIERS IN HYPERTENSIVE PATIENTS USING THE "MORISKY MEDICATION ADHERENCE SCALE (MMAS-8)" IN ARAR CITY, SAUDI ARABIA. Ibero-American Journal of Exercise and Sports Psychology: Vol. 20 nº 2 pp. 189-194. ISSN 1886-8576.
9. Hind Mohammed Osman, MD, 2Lafia Djeradi, 3Seif-elyazal M. Idris, MRCP, **4Ahmed Hamad Suliman, MD**, 5Hyder O.Mirghani, MD, MSc 6 Hassan Eltom, MD. Vitamin D status among patients with Rheumatoid Arthritis: A longitudinal multicenter study (Original article) Indian Journal of Basic and Applied Medical Research; December 2019: Vol.-9, Issue- 1, P. 357-362 357 www.ijbamr.com P ISSN: 2250-284X , E ISSN : 2250-2858
10. **Ahmed H. Sulaiman**, Abdelrahman M. Abukanna, Awwad A. Alenezy and Amer A. Balla. Prevalence of Vitamin D Deficiency among University Female Students in Northern Border Region of Kingdom of Saudi Arabia (KSA). Amhsr-2017; 7(5): 280-283.
11. Waeel A Aldosh, Omer Elgaili, Abdelrahman M Abukanna, **Ahmed H Sulaiman**, Hafiz O IbnIdris. The relationship between the smoker age, the age of initiation of smoking and Fagerström Test for nicotine dependence among male Sudanese smokers. Al Neelain Medical Journal 2017 ; (20):6-21.
12. Awwad Alenezy, Al Dhafeeri Obaid, Abeer Al Qattan, **Ahmed Hamad**. Superior mesenteric artery syndrome and nutcracker

- phenomenon. Saudi Journal of Medicine & Medical Sciences (SJMMS) 2014; 2(3): 223-225.
13. Ezeldine K. Alturabi, Ahmed K. Bolad, Abdel Rahman Tambal, **Ahmed Hamad**. Vitamin B12 and Folate Status in Sudanese Psychiatric Patients. Asian Journal of Biomedical and Pharmaceutical Sciences 2013;3(19): 22-26.
 14. **Ahmed hamad**, Abbashar Hussein. The prevalence of neurological manifestations of chronic Liver diseases among Sudanese patients. SMJ 2008; Vol 44 No 1, 2, 3:42-49.
 15. Amira Sidig, Gaafar Ibrahim, **A Hamad**, Abbashar Hussein. A study of knowledge, attitude, practice towards Epilepsy among relatives of epileptic patients in Khartoum State. SPJH 2009;4(1):214-224.
 16. Abbashar Hussein MD, Galal Mohamed, A. Sidig, **Ahmed Hamad**. The prevalence of neurological complications among Adult Sudanese diabetic patients. SJPH 2009;4(3):331-334.
 17. Abbashar Hussein, A Abdulrahman, Amira Sidig Ahmed Hamad. Post stroke Epilepsy in Sudan. Sudan Med J Sep-Dec 2009;45(3)
 18. Abbashar Hussein, Adam Mohamed, Ali Younis, H.A. Eltoum, A. Sidig, K. Khalfalla, **A Hammad**, The patterns of clinical presentations of cerebellar syndromes among adult Sudanese patients. Sudan JMS 2009; 4(2): 116-122.
 19. Abbashar Hussein, Badr Eldin M, Amira Sidig **A Hamad**. Cranial neuropathies in Elshaab Teaching Hospital (SUDAN). Journal of Medicine and Medical Sciences jmms 2010;1(8):350-355.

Courses and workshops:

- EVALUATION-MULTIPLE CHOICE QUESTIONS: Hands on training by: Deanship of university Education development. On 26 October 2023
- MULTIPLE CHOICE QUESTIONS; Making them right is not an option but an obligation. By: Deanship of university Education development. On 11 October 2023
- Objective structured clinical exam (OSCE): CURRENT TRENDS AND CHALLENGES By: Deanship of university Education development. On 4 October 2023
- Saudi Society for Simulation Scientific Assembly 2021
- How to Write an Effective Simulation Curriculum Workshops Held by Saudi Society for Simulation in Healthcare King Fahad Medical City - CRESENT- Riyadh 8th December, 2021
- Selection SPs for Educational Encounter workshop Held by Saudi Society for Simulation in Healthcare King Fahad Medical City - CRESENT- Riyadh 9th December, 2021

Referees:

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