

Curriculum vitae
Of
Dr. Hafiz Osman Ibn Idris Almisbah

PERSONAL INFORMATION

Date of birth 15/3/1970

Nationality : Sudanese

Marital status : Married

Dependence : 5 children

Address: Arar

Mobile: (00966538234718)KSA

E-mail : Hafiz.Almisbah@nbu.edu.sa, hafiznile@yahoo.com

Title: Physician Internist-Assistant Professor of Medicine

Title Of Correspondence: King Saudi Arabia –Northern Border University -
Faculty Of Medicine Arar City. P.O.Box 1321-email www.nbu.sa

Qualifications

- ❖ December 2004 Fellowship of internal medicine Sudan medical specialization board (SMSB) (Sudan)
- ❖ March 1997 MBBS; Faculty of Medicine; University of Kassala; (Sudan).

COURSES & workshops

- **Is faculty development an option or an imperative? webinar**
- **AMBOSS platform**
- **"OBJECTIVE STRUCTURED CLINICAL EXAM (OSCE):
CURRENT TRENDS AND CHALLENGES"**
- **Work shop on virtual lab Webinar: a learning & formative
assessment tool**
- **Objective structured clinical exam (OSCE)**
- **Multiple choice questions: making them right is not an option but an
obligation webinar**
- **Multiple choice questions: Hands on training**
- **From vision to success: designing impactful learning outcomes
webinar**
- **Electronic module & digital teacher**
- **Workshop**
- **Problem based learning: are we doing the wight practice?**
- **What is artificial intelligence and how to use it in teaching?**
- **Teaching with artificial intelligence (AI)**
- **Professionalism in using virtual classrooms (creative teaching
practices)**
- **Using the Blackboard Ally tool to improve comprehensive access to
educational electronic content**
- **Personal website management workshop on the university website**
- **Creating rubric for discipline-based assignment**
- **MSK post exam feedback session**
- **Workshop on teaching skills**

- Work shop on virtual lab
- A refresher on lecturing
- Faculty development -present-past-future
- Workshop on developing questionnaire for medical research
- Basic in glossary of medical education
- Exam blueprinting: is the Calgary way superior
- Major instructional strategies and their effective usage in health professions education
- Achievement test skills (5-9 feb.2012)
- Curriculum reappraisal, development &evaluation. 2009
- Alignment of educational objectives &assessment.2008

Employment

☐ **Position:**

- Coordinator of the clinical years August 2025
- Member of registration unit August 2025
- Member of academic committee faculty of medicine February 2025
- Head of the Alumni unit NBU – KSA 2021- January 2025
- Head of teaching and learning standard in quality and academic accreditation unit faculty of medicine
- Head of the examination committee department of medicine
- Academic supervisor of 4th year
- Member of quality and accreditation committee
- Member of medical education unit
- Member of measurement of courses and program learning outcomes committee
- Member of medical emergency response team faculty of medicine
- Semester 1 medicine 1 course coordinator

- Semester 2 neurology course coordinator
- Associated professor of medicine Alneelain University faculty of medicine (Sudan)(August 2018 ---UpToDate).
- Assistant professor of medicine NBU (KSA) (January 2015 to-date).
- Assistant professor of medicine Alneelain University faculty of medicine (Sudan)(December 2004 ---January 2015).
- Head department of internal medicine Alneelain University faculty of medicine (Sudan).(2010 – January 2015)
- Academic secretary department of internal medicine Alneelain University faculty of medicine (Sudan).(2004 – January 2010)

- **Lecturer, school of dentistry Alneelain University.**
- **Lecturer, school of physiotherapy Alneelain University.**
- **Lecturer, school of nursing (post graduate board) Alneelain University.**
- **Coordinator of academic activities, Omdurman postgraduate's tract.**
- **General Manager of Alneelain university health unit (clinic).**
- **The vice manager tropical hospital (Omdurman)(Jun 2012 – Jan 2015).**

☐ **Languages**

Arabic (first language).

English , fluency in spoken and written language

Publication:

- 1. Risk factors for Osteoporosis in Women Forty Years and Above in Arar City, Kingdom of Saudi Arabia (KSA) JMSCR Vol| |3| |Issue| |9| |Page 7461- 7468| |September 2015.**
- 2. The relationship between the smoker age, the age of initiation of smoking and Fagerström Test for nicotine dependence among male Sudanese smokers. NMJ April 2017, vol.5 No.20.**
- 3. Clinical presentation and etiology of pulmonary fibrosis among Sudanese patients. NMJ January 2018, vol.5 No.21.**
- 4. The relationship between vitamin D level and severity and control of bronchial asthma among adult Sudanese patients. International Journal of Research in Medical Sciences. 2018 May;6(5): 1649-1654**
- 5. Effects of Fasting on Student Performance in Exams at Northern Border University, Saudi Arabia**
- 6. Effect of caffeine on medical student's performance during exams in Northern Border University (NBU), Saudi Arabia**
- 7. Prevalence of Primary Headache among Medical Students in Northern Border University**
- 8. PRESENTATION AND RISK FACTORS OF ACUTE PULMONARY EMBOLISM AMONG SUDANESE PATIENTS AT ALSHAAB TEACHING HOSPITAL**
- 9. Role of Alanine Aminotransferase in Non-Alcoholic Fatty Liver Disease and Its Link to Type 2 Diabetes and Cardiovascular Risk**
- 10. Prevalence of thyroid disorders among the diabetic population in Arar, Saudi Arabia**
- 11. Virtual Reality In Medical Education: Unlocking Potential, Overcoming Barriers, And Paving The Way Forward - A Systematic Review.**
- 12. Revolutionizing Precision Medicine: Novel Strategies to Combat Multi-Drug Resistant Bacteria**
- 13. Unveiling the hidden dangers: long term consequences of post covid 19 syndrome on pulmonary and cardiovascular health**
- 14. METFORMIN THERAPY FOR ACNE VULGARIS AMONG MALES AND FEMALES WITHOUT POLYCYSTIC OVARY SYNDROME: A SYSTEMATIC REVIEW AND META-ANALYSIS**
- 15. Long-term Outcomes of Endovascular Repair of Acute Type B Aortic Dissection: A Systematic Review**
- 16. Knowledge of Basic Life Support Among the General Population in Arar City, Saudi Arabia: A Cross-Sectional Study**

**17.AQUABLATION THERAPY FOR BENIGN PROSTATIC HYPERPLASIA:
A SYSTEMATIC REVIEW OF EFFICACY AND COMPLICATIONS**

18.Relationship Between Sleep Patterns and Cognitive Functions

19.Impact of Chronic Illness on Mental Health

**20. THE EFFECT OF SLEEP QUALITY ON GRADE POINT AVERAGE AND
CLINICAL EXAMINATION SCORES IN NORTHERN BORDER
UNIVERSITY MEDICAL STUDENTS**

**21.DOUBLE IMPACT OF VISION IMPAIRMENT ON THE QUALITY OF
LIFE: A SYSTEMATIC REVIEW AND META-ANALYSIS**

**22. IMPACT OF UNTREATED AMBLYOPIA ON THE QUALITY OF LIFE AFTER
THE CRITICAL PERIOD: A SYSTEMATIC REVIEW AND META-ANALYSIS**

23.The link between migraine and eye pain: a review of current evidence

Conferences:

***4th PAAMCC heart symposium Atrial Fibrillation and Ischemic heart
disease 23rd, 24th April 2015 As speaker topic (hypertension &Hyperlipidemia**